



Effect of *Adhatoda vasica* (Acanthaceae) on Antioxidant and Immunological Profile in Sheep

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ABSTRACT

Background: A study was conducted to evaluate the antioxidant and immunological profile of methanolic extract of *Adhatoda vasica* leaves (AVE) in naturally infected sheep with gastrointestinal nematodes and compared with commonly used anthelmintic albendazole in sheep.

Methods: Fifty four sheep found positive for gastrointestinal nematodes were divided into 3 equal groups, GI (infected-untreated: control), GII (infected- AVE treated) and GIII (infected- albendazole treated). Blood samples were drawn on 5th and 14th day after treatment for analysis of oxidative stress markers such as TBARS, TAC, SOD and catalase and immunological parameters such as total immunoglobulin, IgG and IL-10.

Result: Helminthiasis in sheep cause a considerable oxidative stress. The anthelmintic activity of *Adhatoda vasica* surpassed the conventional synthetic drug albendazole in sheep in terms of oxidative and immunological changes in blood.

Key words: *Adhatoda*, Catalase, Helminthiasis, IL-10, Immunoglobulin, SOD, TAC, TBARS.

INTRODUCTION

Gastrointestinal (GI) parasitic infections cause a significant loss of productivity and reproductivity in terms of reduced milk, meat and wool production, loss of weight, inefficiency of food utilization, reproductive fitness and mortality in severe infections (Charlier *et al.* 2014). Besides, helminth positive cases show considerable oxidative stress. They further cause the development and progression of several diseases.

Plants have an innate ability to synthesize non-enzymatic antioxidants capable of attenuating ROS-induced oxidative damage. *Adhatoda vasica* Nees, belonging to the family Acanthaceae, is widely distributed in the tropical and semitropical region of the Indian subcontinent and other Asian countries. Due to rich concentration of quinazoline alkaloids like vasicine (Soni *et al.* 2008), it has shown anthelmintic activity in their roots and aerial parts (Lateef *et al.* 2003; Al-Shaibani *et al.* 2008). The extract of leaves has shown potent antioxidant (Adhikary *et al.* 2016) and immunostimulatory (Vinothapooshan and Sundar, 2011) effect in laboratory animals.

The present study has attempted to compare the effect of herbal anthelmintic *Adhatoda vasica* on antioxidant and immunological profile and compared to that of conventional anthelmintic - albendazole in sheep.

MATERIALS AND METHODS

The leaves of *Adhatoda vasica* were procured from the vicinity of College of Veterinary Science and Tirumala hills of Tirupati (Andhra Pradesh). The plant was identified and authenticated by taxonomist from the department of Botany, Sri Venkateswara University, Tirupati. *Adhatoda vasica* methanolic leaf extract (AVE) was prepared by using cold

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maceration method. The semi-solid consistency green extract yield obtained was 10.29% with reference to soaked sample material.

The experiments were conducted in sheep of Nellore Jodipi breed maintained at Livestock Research Station, Palamaner, India. Adult male and female (not pregnant) sheep above 1 year of age weighing 20-30 kg and not treated with any anthelmintic drug at least 8-12 weeks were selected for the present trial. 54 such sheep were randomly allocated into 3 equal groups containing 18 sheep in each, GI (infected-untreated: control), GII (infected- AVE treated) and GIII (infected- albendazole treated). AVE was administered to GII animals at the rate of 500 mg kg⁻¹ body weight once in 1% carboxymethyl cellulose solution by oral drenching.

Animals of GIII were treated with a single oral dose of albendazole at the rate of 5 mg kg⁻¹ body weight as recommended by the manufacturer company (Virbac Animal Health Pvt. Ltd., India). Animals of GI were kept as positive control group. On the 5th and 14th day, blood samples were collected and analysed for oxidative and immune status.

The whole blood sample collected in EDTA vacutainers was centrifuged at 3000 rpm for 10 minutes. The plasma was harvested and Thiobarbituric Acid Reactive Substance (TBARS) was estimated by the method of Ohkawa *et al.* (1979). The erythrocyte sediment was used for the preparation of 25% v/v hemolysate solution with chilled distilled water. The hemolysate was used for the estimation of Total Antioxidant Capacity (TAC) and activities of superoxide dismutase (SOD) and catalase. Since glutathione is the most concentrated intracellular species that plays a crucial role in protection from free radicals, TAC was assayed according to the method of Ciuti and Liguri (2017) and expressed in terms of mM of reduced glutathione equivalents per gram of haemoglobin. The results were normalized with respect to sample's haemoglobin. SOD activity was measured according to Misra and Fridovich (1972). One unit of SOD activity was defined as the amount of enzyme required to cause 50% inhibition of adrenaline auto-oxidation and expressed as U/g Hb. Catalase activity was measured according to the method of Aebi (1984) and expressed as U/g Hb.

Serum samples were used to estimate total immunoglobulins (TIg), IgG and IL-10. Species-specific sheep immunoglobulin G (IgG) ELISA kit was purchased from Bioassay Technology Laboratory, China and procedure followed as per manufacturer's instructions. The result of IgG was expressed in mg/mL. Species-specific sheep Total Immunoglobulin (TIg) ELISA kit was purchased from Abbkine Inc, China and procedure was followed as per manufacturer's instructions. Species-specific sheep Interleukin 10 (IL-10) ELISA kit was purchased from Bioassay Technology Laboratory, China and procedure followed as per manufacturer's instructions. The results of IL-10 were expressed in ng/L.

For statistical analysis of data of oxidative stress, antioxidant status and immune status parameters were analysed in relation to sampling date. The results obtained were tabulated and subjected to analysis through software IBM SPSS Statistics-22, 2013 using the general linear model. Results were expressed as arithmetic mean \pm SE. The differences between means were compared by Duncan's multiple range test. Differences were considered significant at $p \leq 0.05$ level of probability.

RESULTS AND DISCUSSION

Oxidative status

The oxidative stress marker and antioxidant status in experimental groups is shown in Table 1.

TBARS

The TBARS value observed in the group I were significantly higher than groups II and III and were in agreement with Cinar *et al.* (2018) where increased erythrocyte MDA levels were reported in naturally infected *Dicrocoelium dendriticum* and hydatid cyst in sheep; Rashid and Irshadullah (2019) in helminth infected goats. The increase in the MDA levels observed with helminth infection in sheep could be attributed to reduced activity of the antioxidant defense system. Attenuation of lipid peroxide generation using AVE observed in group II, is in harmony with findings reported by Adhikary *et al.* (2016) in collagen-induced arthritis in mice. In the present experiment, value of TBARS recorded in group III was significantly higher than group II on 5th and 14th day. Also, the TBARS value did not differ among group I and III. Our result is in accordance to Jaheed *et al.* (2020) who found significantly higher values of MDA in albendazole treated group compared to the herbal treated group in *Haemonchus* infected goats and Dimitrijevic *et al.* (2012) who reported increased MDA concentration, both in the presence of *Strongyle* infected sheep and albendazole treatment, when compared to the control group negative for parasites. Locatelli *et al.* (2004) reported that albendazole provoked an oxidative stress condition, demonstrated through the elevation of TBARS contents suggesting albendazole as a strong ROS and RNS generator. Castro *et al.*, 2016 reported that treatment with albendazole caused oxidative cleavage on calf-thymus DNA, implying that over-generation of ROS leads to DNA fragmentation.

Total antioxidant capacity

The TAC assay measures the overall contribution of all the antioxidants present in the sample to its redox balance (Ciuti and Liguri, 2017). The significant depression of TAC levels observed in control group is in agreement with Pivoto *et al.* (2015) and may be attributed to oxidative stress developed by the helminth parasites. Group II animals treated with AVE showed significantly high value of TAC compared to group I and III. Our result with AVE is supported by the findings of Kaur *et al.* (2015) who reported excellent antioxidant activities in fractions obtained from *Justicia adhatoda* using DPPH assay, suggesting AVE as strong and effective scavenger of free radical and hydrogen peroxide radicals. The TAC value of group III, in the present study, did not differ significantly with group I. This result is corroborated by the findings of Locatelli *et al.* (2004) who reported that animals treated with albendazole seem to be unable to achieve an adequate and persistent antioxidant compensation in relation to ROS and RNS generation and cause deleterious effects on cell homeostasis.

SOD and catalase activities

Superoxide dismutase and catalase are among the first line defense antioxidants that act to suppress or prevent the formation of free radicals or reactive oxygen species (ROS) in cells. They are fast in neutralizing any molecule with the

potential of developing into a free radical or any free radical with the ability to induce the production of other radicals (Ighodaro and Akinloye, 2018).

The activities of SOD and catalase were significantly reduced in group I. These results are in accordance with Cinar *et al.* (2018) who reported decreased SOD and catalase activities in *Dicrocoelium* and hydatid cyst infected sheep compared to the uninfected control. The decrease in antioxidant enzymes activities, in the present study, proved that the formation of reactive compounds was much higher than the level which could be compensated by the cellular defense system, thus, these compounds may not be converted to less harmful or ineffective metabolites at the sufficient level.

Group II shows significantly increased SOD and catalase activities compared to group I. Our results agree with Adhikary *et al.* (2016) who found SOD activity restored to normal and increased catalase activity in collagen induced arthritis in mice when given AVE. The result is indicative of ability of AVE to combat oxidative stress following helminth infection. Group III also shows significantly increased SOD and catalase activity on the 5th day and non-significant increase on the 14th day compared to group I. Locatelli *et al.* (2004) observed that early increase in SOD and catalase activities, in albendazole treated mice, at the beginning of the experiment gradually decreased by the end of the experiment of 10 days compared to the controls. The early increase in SOD activity would render higher hydrogen peroxide production which, in turn is detoxified by high catalase activity at the beginning of the experiment.

Immune status

The mean \pm SE values of TIg, IgG and IL-10 of the experimental groups are shown in Table 2. Different helminth parasites generate antibody production through B cell and T helper (Th) 2- type responses (Harris and Gause, 2011). B cells are focused on making antibodies, whereas helper T cells are distinguished by the cytokines they secrete.

TIg and IgG

The values of TIg and IgG on 5th day were comparable in groups I and III, but significantly lower than the group II. On the 14th day, TIg and IgG values of the control group were significantly lower than the two treated groups. Our results are in agreement with Bahirathan (1994) who observed that increased level of total *H. contortus* antibodies were accompanied by low faecal egg counts in native and Suffolk ewes. The observation of significantly higher total immunoglobulin concentrations in treated lambs provide evidence that loss of immunoglobulins during blood loss could be the cause for reduced levels of anti-haemonchus antibodies. Our results also find agreement with Sparks *et al.* (2018) and Aboshady *et al.* (2020) who reported that increased antiparasite IgG in adults predicts reduced egg counts. The inverse relationship between the levels of IgG and *H. contortus* worm burden was also shown by Silva *et al.* (2012) after anthelmintic treatment containing albendazole. Vinothapooshan and Sundar (2011) reported that alcoholic extract of *A. vasica* showed increase in neutrophil adhesion and also suppress delayed type of hypersensitivity (DTH) reactions induced by sheep RBC in mice, thereby, indicating

Table 1: Antioxidant status of sheep treated with AVE and albendazole.

	Group I		Group II		Group III	
	5 th day	14 th day	5 th day	14 th day	5 th day	14 th day
TBARS (iM)	5.43 ^a \pm 0.36	5.03 ^d \pm 0.32	2.64 ^b \pm 0.19	2.74 ^e \pm 0.12	3.97 ^{Ac} \pm 0.16	5.74 ^{Bd} \pm 0.24
TAC (mM GSH Eq/g Hb)	0.028 ^{Aa} \pm 0.00	0.068 ^{Bd} \pm 0.01	0.103 ^{Ab} \pm 0.02	0.165 ^{Be} \pm 0.01	0.021 ^{Aa} \pm 0.00	0.089 ^{Bd} \pm 0.01
SOD (U/g Hb)	7.10 ^a \pm 0.61	6.72 ^d \pm 0.68	14.52 ^b \pm 0.93	13.77 ^e \pm 1.15	13.88 ^b \pm 1.49	9.58 ^{de} \pm 2.29
Catalase (U/g Hb)	4.11 ^a \pm 0.46	5.26 ^d \pm 0.38	9.07 ^b \pm 0.73	7.47 ^e \pm 0.44	8.01 ^b \pm 0.47	6.06 ^d \pm 0.33

Values depict Mean \pm SE.

Means with superscripts abc differ among 5th day values within row ($p < 0.05$).

Means with superscripts def differ among 14th day values within row ($p < 0.05$).

Means with superscripts AB differ among 5th and 14th day values in group within row ($p < 0.05$).

Table 2: Immune status of sheep treated with AVE and albendazole.

	Group I		Group II		Group III	
	5 th day	14 th day	5 th day	14 th day	5 th day	14 th day
TIg (mg/mL)	4.69 ^a \pm 0.35	4.10 ^d \pm 0.18	6.04 ^b \pm 0.17	5.49 ^e \pm 0.37	4.45 ^{Aa} \pm 0.17	5.92 ^{Be} \pm 0.40
IgG (mg/mL)	3.98 ^a \pm 0.21	3.19 ^d \pm 0.31	5.01 ^b \pm 0.36	4.65 ^e \pm 0.51	3.53 ^{Aa} \pm 0.31	4.71 ^{Be} \pm 0.42
IL-10 (ng/L)	254.33 ^a \pm 30.79	248.68 ^d \pm 16.79	287.07 ^a \pm 11.76	260.42 ^d \pm 25.93	116.31 ^{Ab} \pm 6.92	175.33 ^{Be} \pm 9.28

Values depict Mean \pm SE.

Means with superscripts abc differ among 5th day values within row ($p < 0.05$).

Means with superscripts def differ among 14th day values within row ($p < 0.05$).

Means with superscripts AB differ among 5th and 14th day in group within row ($p < 0.05$).

the immunostimulatory activity of AVE by potentiating humoral and cellular immunity. Our results with immunoglobulins on administration of AVE corroborates with the above findings.

IL-10

Group I showed significantly elevated level of IL-10 compared to group III. IL-10, an interleukin produced by Th2 cells has both anti-inflammatory and immunosuppressive properties (de Vries, 1995). Th2-type response has been implicated in helminth parasitic infection (Miller and Horohov, 2006). Schopf *et al.* (2002) observed that *Trichuris muris* infected IL-10 deficient mice (transgenic knock-out mice) displayed marked morbidity and mortality. Increase in IL-10 in GI helminth infection gives the animal resistance and protection from developing lethal immunopathology. Other reports such as by Anuradha *et al.* (2016) also suggests that host response to helminth infection is regulated by cytokine IL-10. In the present study, IL-10 levels of group II did not significantly differ with that of group I, but were found to be numerically higher than the group I. Adhikary *et al.* (2016) in their study on protective effect of *A. vasica* against auto-immune arthritis in mice using collagen-induced arthritis (CIA) model reported that IL-10 was reduced in CIA mice compared to normal control mice and that treatment with AVE significantly restored IL-10 to normal levels. IL-10, being an anti-inflammatory cytokine, dictates the resolution of inflammation. IL-10 inhibits the production of ROS and RNS by other pro-inflammatory cytokines and therefore, may be important in determining the outcome of immune response. On the other hand, albendazole, in the present study, was found to significantly reduce the IL-10 levels compared to control group. Amoani *et al.* (2019) reported significant reduction in the IL-10 values following albendazole treatment compared to individuals infected with hookworm or concurrent hookworm and *Plasmodium* infections. Different cytokine pattern observed in the present experiment for AVE and albendazole treatment was also observed by Bakir *et al.* (2017) who studied gene expression of IL-10 in albendazole and Myrrh treated mice infected with *Trichinella spiralis*.

CONCLUSION

Helminthiasis in sheep cause considerable oxidative stress that was alleviated better by treatment with AVE and good by albendazole. The antioxidant effect of AVE was significantly higher than albendazole treatment.

Immunoglobulins increased on treatment with AVE and albendazole whereas anti-inflammatory and immuno suppressive cytokine IL-10 decreased in albendazole treated animals compared to AVE treated animals.

In conclusion, the anthelmintic activity of *Adhatoda vasica* surpassed the conventional synthetic drug albendazole in sheep in terms of oxidative and immunological changes in blood.

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