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ABSTRACT

Background: The study elucidated the effects of reproductive hormones on the developmental potential of oocytes in Hainan lamb/ adult goats by analyzing the changes in the concentrations of reproductive hormones (FSH, LH, 17β -E₂) in Hainan lamb/adult goat serum.

Methods: The experiment used radioimmunoassay to detect follicle stimulating hormone (FSH), luteinising hormone (LH), oestradiol $(17\beta-E_2)$, concentrations in the serum of Hainan goats (3-month-old/18-month-old) during different oestrous cycles and to analyze the changing pattern of hormones.

Result: The results showed that the number of follicles obtained in lambs was significantly higher than in adult goats (P<0.05), but the quality of follicles in lambs was poor and the number of available oocytes in them was lower than in adult goats. During the estrous cycle, adult black goats exhibit peak serum concentrations of FSH and LH on the 13^{th} day, reaching 2.73 ng/mL and 5.69 ng/mL, respectively. In lamb goats, FSH reaches its peak concentration on the 15^{th} day at 2.56 ng/mL, while LH peaks on the 13^{th} day at 5.13 ng/mL. On the 15^{th} day, both adult black goats and lamb goats experience the lowest serum concentrations of 17β -E₂, at 4.42 ng/mL and 7.63 ng/mL, respectively. The serum concentrations of FSH and 17β -E₂ in adult black goats are significantly higher than those in lamb goats (P<0.05) In summary, FSH and 17β -E₂ can promote the maturation and development of oocytes in Hainan 3-month-old lamb goats, to improve the quality and quantity of oocytes, to better utilize the in vitro embryonic production performance of the young animals and to accelerate the acquisition of good livestock breeds.

Key words: Estrous cycle, Hainan black goat, Oocytes, Reproductive hormones.

INTRODUCTION

Differences in fertility seriously constrain the development of the goat industry, the current goat fertility is low, to find the causes of differences in fertility, the study of goats in the estrous cycle of the pattern of change of the changes in the various reproductive hormones, has important theoretical and practical significance. Currently, there are fewer studies on the changing patterns of reproductive hormones during the estrous cycle in goats. Young animals in vitro embryo production technology is the integrated application of a variety of technologies, which has great application prospects in livestock breeding (Ferré et al., 2020), tapping the reproductive potential of young animals, rapidly obtaining good livestock breeds, expanding the population of good livestock breeds and shortening the generation interval of good livestock breeds. A large number of young animals oocytes can be obtained quickly after supernumerary ovulation of young animals (Sundaram et al., 2012), but the disadvantages of this technique should not be ignored, low maturation rate of young animals oocytes and high developmental abnormality rate (Liu et al. 2023). Hainan black goat as Hainan Province, unique to the excellent goat breeds, with roughage, high temperature and humidity, strong disease resistance, early sexual maturity, good meat performance and other advantages (Hua et al., 2019). The conservation of their germplasm

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resources is important for the maintenance of biodiversity and sustainable agricultural development. However, longterm inbreeding and the deterioration of the breeding environment have led to the degradation of breed characteristics, which urgently needs to be protected and improved through scientific research.

The physiological activities of animals are influenced by hormonal regulation, with reproductive hormones having a profound effect on their reproductive performance (Xu *et al.*, 2022). Studies have shown that FSH promotes follicular

growth and maturation and affects the meiotic and developmental capacity of oocytes (Morton et al., 2023). LH may play a major role in the development of dominance selection of follicles (Lévy et al., 2000) and 17β-E₂ plays an important role in the molecular regulation of follicle formation and early development (Chakraborty and Roy, 2017; Yan et al., 2024). Researchers have boosted the number of goat oocytes and in vitro maturation rate by modulating hormone concentrations (Avelar et al., 2012). However, in vitro matured oocytes are still significantly inferior to naturally matured oocytes in vivo and the quality of the two is not comparable, highlighting the challenges of current in vitro maturation techniques. For a long time, the low maturity rate and insufficient development potential of lamb oocytes have been the key factors restricting the improvement of their utilization efficiency. In order to investigate this problem, we carried out a study on lamb oocytes and comparatively analyzed the differences in development potential between lamb oocytes and adult oocytes, with a view to providing a scientific basis and an effective strategy for the improvement of the utilization efficiency of lamb oocytes. In this study, we obtained a large number of oocytes through induced supernumerary ovulation, analyzed the differences in maturation and developmental potential between lamb and adult goat oocytes and monitored changes in reproductive hormone concentrations (FSH, LH and 17β -E₂) in both lambs and adult goats during the oestrous cycle, to provide a reliable basis for understanding the mechanisms by which FSH, LH and 17β -E, influence follicular development in lambs. This has significant economic implications for improving oocyte utilization rates and provides a foundation for the practical application of supernumerary ovulation technology, aiding in the rapid expansion of the goat population.

MATERIALS AND METHODS

Test animals

The test animals were Hainan black goats and the ewes selected were adult ewes (18 months old) and lambs (3 months old) with normal reproductive function and similar body condition. The ewes were divided into two groups of 20 ewes each, one group of adult ewes with an average weight of (60.5 ± 2.5) kg and the other group of lamb ewes with an average weight of (8 ± 3) kg. All test animals were subjected to the same husbandry management conditions throughout the assay period to ensure the scientific validity and reliability of the test. Three lambs from each of the three

weight groups (5-6 kg, 7-8 kg, 9-10 kg) were additionally selected for subsequent trials.

Pregnant horse serum gonadotropin (PMSG) for injection and FSH for injection were from Ningbo Hormone Products Co Ltd, LH kit, FSH kit and 17β -E₂ kit were from Tianjin Jiuding Medical Bio-engineering Co Ltd and progesterone vaginal suppositories (CIDR), were purchased from CHH Plastic Moulting Co, New Zealand.

Estrus detection

Estrus was identified using the estrus test method, observation method and microscopic examination of sections. 12-48 h after PMSG injection, using rams with wrapped penises for estrus teasing, perform 3~4 times daily to observe the estrus condition of the ewes. Take the ewe accepting the ram climbing across as the criterion of estrus and at the same time observe whether the vulva of the ewe is red and swollen, with or without mucus outflow and apply slice microscopy to observe the goat germ cells to assist in judging the stage of estrus.

Supernumerary ovulation

As shown in Fig 1, On Day 1, perform the insertion of vaginal sponge. On Day 9, remove the vaginal sponge from adult/lamb goats. Begin the injection of FSH (40 IU/ mI) on Day 15, for four consecutive days, with two injections per day and administer PMSG intramuscularly during the 7th FSH injection. Day 19 estrus teasing followed by insemination for all adult/lamb goats. After superovulation, extract oocytes from each follicle by aspiration.

Collection of blood samples and serum preparation

To determine FSH, LH and 17β -E₂ concentrations in goats serum, we drew 5 mL of blood samples from their jugular veins and preserved them in lithium heparin tubes. Blood serum was separated using a centrifuge at 4000 rpm/10 min and stored at -20°C for later use.

Measurement of serum levels of reproductive hormones

The concentrations of serum FSH, LH and 17β -E₂ were determined by radioimmunoassay (RIA). Among them, the detection limit of LH was 0.01ng/mL, with an intra-batch coefficient of variation of 13.6%; the detection limit of FSH was 0.1ng/mL, with a coefficient of variation of 12.2%; and the detection limit of 17β -E₂ was 0.39 pg/mL, with an intrabatch coefficient of variation of 20.5%. All the test steps should be performed in strict accordance with the instructions of the kit.



Fig 1: Schematic diagram of superovulation.

Statistical analysis of data

SPSS 21.0 was used to calculate the data and all data were expressed as Mean±SEM. T-tests were performed on the data results to assess the correlation analysis, followed by Duncan's test. P<0.01 is considered highly significant, P<0.05 is considered significant and P>0.05 is not significant.

RESULTS AND DISCUSSION

Hormone expression during the estrous cycle in goats

Hormone expression during the estrous cycle in goats is shown in Fig 2.

Effect of different weights of lambs on supernumerary ovulation

In this experiment, three lambs of each of the three body weight groups (5-6 kg, 7-8 kg and 9-10 kg) were selected and given equal doses of FSH to observe the effect of supernumerary ovulation. The results, as shown in Table 1, did not produce a significant difference (P>0.05) in the effect of FSH on super-excretion in these different body weight groups of lambs, despite differences in lamb weight.

Effect of FSH+PMSG injection on the effect of superdischarge

Further studies compared the results of superovulation in adult and lamb goats after FSH+PMSG injections (Fig 3). The results showed that the number of follicles was significantly higher in lamb goats than in adult goats (P<0.05), but remarkably, the number of available oocytes was lower in lamb goats than in adult goats (Table 2).

Differential analysis of serum levels of FSH, LH and 17β - E, in adult goats and lambs

The results of the experiment are shown in Fig 4, Fig A shows that the FSH concentration on day 1 was significantly lower in adult goats than in lambs (P<0.05). At day 13, adult goats FSH reached a maximum concentration of 2.73 ng/mL. And lambs FSH reached a maximum concentration of 2.56 ng/mL

on day 15. Fig B shows that both adult goats and lambs had the lowest LH concentrations on day 1. The difference between the two LH concentrations was highly significant (P<0.01) at day 7, when lambs reached a maximum LH concentration of 6.83 ng/mL. On day 13, adult goats LH reached a maximum concentration of 5.69 ng/mL. Fig.C shows that 17β -E₂ concentrations were significantly higher in adult goats than in lambs (P<0.05) during the oestrous cycle. Adult goats and lambs 17β -E₂ both showed the lowest concentrations of 4.42 ng/mL and 7.63 ng/mL on day 15.

Body weight, as one of the measures of animal growth and development (Liang et al., 2018), may influence the sensitivity of lambs to reproductive hormones. In order to more accurately reveal the specific effects of FSH on lambs of different weights and to gain a deeper understanding of the optimal weight range for lambs in order to optimize hormone utilization efficiency, it is necessary for us to conduct in-depth research. This exploration aims to provide scientific basis for achieving more precise animal husbandry management and improving lamb reproductive performance by analyzing the effects of superovulation in lambs of different weights. The results of this experiment showed that the difference in the number of follicles obtained from superovulation of lambs with different body weights was not significant (P>0.05) and that body weight did not have a significant effect on oogenesis in lambs. Therefore, when selecting lambs for superovulation in production, it is possible to select lambs with different body weights to further validate that the main factor affecting ovarian and follicular development is hormones and not body weight.

Monthly age is an important factor influencing ovarian development and follicle numbers in goats. Lambs have great individual variation in their response to exogenous hormone stimulation, with collected oocytes being less developmentally competent than adult ewes (Liu *et al.*, 2023). FSH treatment of lambs stimulates the growth of large numbers of follicles, but they are prone to underdevelopment during subsequent in vitro development (Tian *et al.*, 2022). It was shown that the age of the lambs as well as the FSH





dose had a significant effect on the number and quality of follicles collected (Valasi et al., 2007). During supernumerary ovulation, exogenous FSH effectively promotes the development of a large number of follicles to the ovulatory stage (Vegetti and Alagna 2006). The number of potentially ovulatory follicles in the ovary far exceeds the number of ovulations induced by endogenous FSH and the supplementation of exogenous PMSG can enhance this process, promoting the maturation and ovulation of all follicles with ovulation potential, thereby significantly improving ovulation rate. The main purpose of supernumerary ovulation in lambs is to maximise oocyte acquisition. Although the number of follicles after supernumerary ovulation in lambs was significantly higher than that in adult goats (P<0.05), the difference in the number of available oocytes was not significant compared with that in adult goats (P>0.05), suggesting that lambs have many follicles but their quality varies. This phenomenon may be attributed to the high sensitivity of lambs to exogenous FSH (Tassell et al. 1978). In addition, it was noted that the rate of meiosis at oocyte maturity in young animals was similar to that of adult animals and that there were no significant differences in morphology and total cell number of blastocysts generated from in vitro cultures (Kochhar et al., 2010), illustrating the potential for oocyte production in lambs.

The follicle selection process is mainly regulated by FSH (Liu et al., 2017). When a cavity is formed inside the follicle, FSH not only promotes the continued development and enlargement of the follicle, but also accelerates its maturation process. FSH, as a key hormone secreted by the pituitary gland, plays a crucial role in regulating growth and development, sexual maturation and maintenance of reproductive system homeostasis in goats under normal physiological conditions. However, abnormally elevated FSH levels may instead be detrimental to ovarian function and lead to ovarian hypoplasia (Hussein et al., 2017). LH is secreted by adenopituitary eosinophils and interacts with FSH to influence follicular growth and development, maturation and the process of ovulation. The selection phase of dominant follicles is often accompanied by a decrease in FSH concentration, with ovulation or follicular atresia occurring when FSH reaches its lowest concentration. Notably, there appears to be a transition point from FSH dominance to LH dependence at the final stage of dominant follicle selection, but the exact

 Table 1: Number of follicles obtained from superovulation in lambs of different body weights.

Weight	5-6 kg	7-8 kg	7-8 kg
Follicle Count	69±1.1 ^{ns}	77±1.7 ^{ns}	72±1.4 ^{ns}



Fig 3: Superovulated follicles morphology in adult goats/lamb goats.



Fig 4: Fluctuations in concentrations of FSH, LH and 17β-E, during the estrous cycle.

Table 2: Superovulation results statistics for adult goats/lamb goats.			
Category	Adult goats	Lamb goats	
Number of goats	20	20	
Treatment method	FSH (4x40mg) + PMSG (250IU)	FSH (4x40mg) + PMSG (250IU)	
Follicle count (3-8 mm)	80.6±16.2ª	102.1±7.2 ^b	
Oocyte count	1480	1445	

Note: Different superscript letters (a, b) indicate significant differences between groups.*

mechanism and timeframe of this is not entirely clear. The role of LH is particularly critical, as it induces further growth of dominant follicles and secretion of 17β-E₂, mainly by regulating the frequency of LH pulses. The prolongation of the LH pulse may contribute to keeping the dominant follicle active for a longer period of time (Diskin et al., 2003). In the present study, we found that the serum levels of FSH and LH peaked on the day of Removal of Vaginal Sponge in adult Hainan black goats, whereas in lambs, the peaks occurred two days after Removal of Vaginal Sponge, suggesting that these two time points may be the critical nodes for follicular wave formation in adult goats and lambs, respectively. In addition, the present study found that the mean secretion level of LH was highly significantly higher (P<0.01) than that of FSH during the oestrous cycle in both adult goats and lambs, a finding that is consistent with previous findings on FSH and LH (Fleming et al., 1995), further emphasising the central role of LH in follicular development and ovulation.

Estrogens mainly include 17β -E₂, estrone (E1) and estriol (E3), (Wang et al. 2024), with 17β -E₂ exhibiting the most significant biological activity (Carrillo et al. 2017). 17β-E, has a short half-life in the body, between 5 and 20 minutes and is mainly secreted by tissues such as the follicle, corpus luteum and placenta and is a core oestrogen that regulates the development of the body's sex organs and secondary sex characteristics (Kaczynski et al. 2021). It has been shown that the concentration of 17β -E₂ is strongly correlated with follicle size and increases accordingly with increasing follicle volume (Lawrenz et al., 2020). 17β-E, levels were significantly higher in dominant follicles at later stages of development than at earlier stages. During the oestrous cycle, 17β-E, levels were significantly higher in adult goats than in lambs (P<0.05) and the level of 17β -E₂ content directly determined the occurrence of follicular atresia. Specifically, high levels of 17β-E, are effective in stimulating the maturation and development of multiple follicles in the ovary, thereby boosting the number of effective oocytes and consequently the reproductive rate. In adult goats and lambs 17β-E, showed a minimum within two days after Removal of Vaginal Sponge, a process that regulates FSH and LH secretion through a negative feedback mechanism, resulting in peaks of FSH and LH, which are essential for promoting ovulatory development in goats. Subsequently, the concentration of 17β -E₂ rapidly rebounded and peaked, which signalled that Hainan black sheep entered the active period of oestrus and ovulation. Therefore, in order to improve reproductive efficiency, the optimal time for artificial insemination should be selected to start the day after Removal of Vaginal Sponge to fully utilise the follicles.

CONCLUSION

In the present study, an in-depth study was conducted on Hainan black goats, revealing that lambs possess a high number of follicles, albeit of poor quality. In contrast, adult goats exhibit fewer follicles, but these are of superior quality. The maturation and development of oocytes in lambs can be significantly enhanced through the combined administration of FSH and 17β-E2. It is recommended that reproductive hormone assays be performed and the concentrations of injections be adjusted on day 15 to optimize both the quantity and quality of oocytes. Removal of Vaginal Sponge Within 48 hours is the peak period of estrus and ovulation of Hainan black goats. Artificial insemination during this period has the best effect.

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Declaration of completing interest

The authors do not have competing interests that interfere with the independence and rigor of these studies.

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